

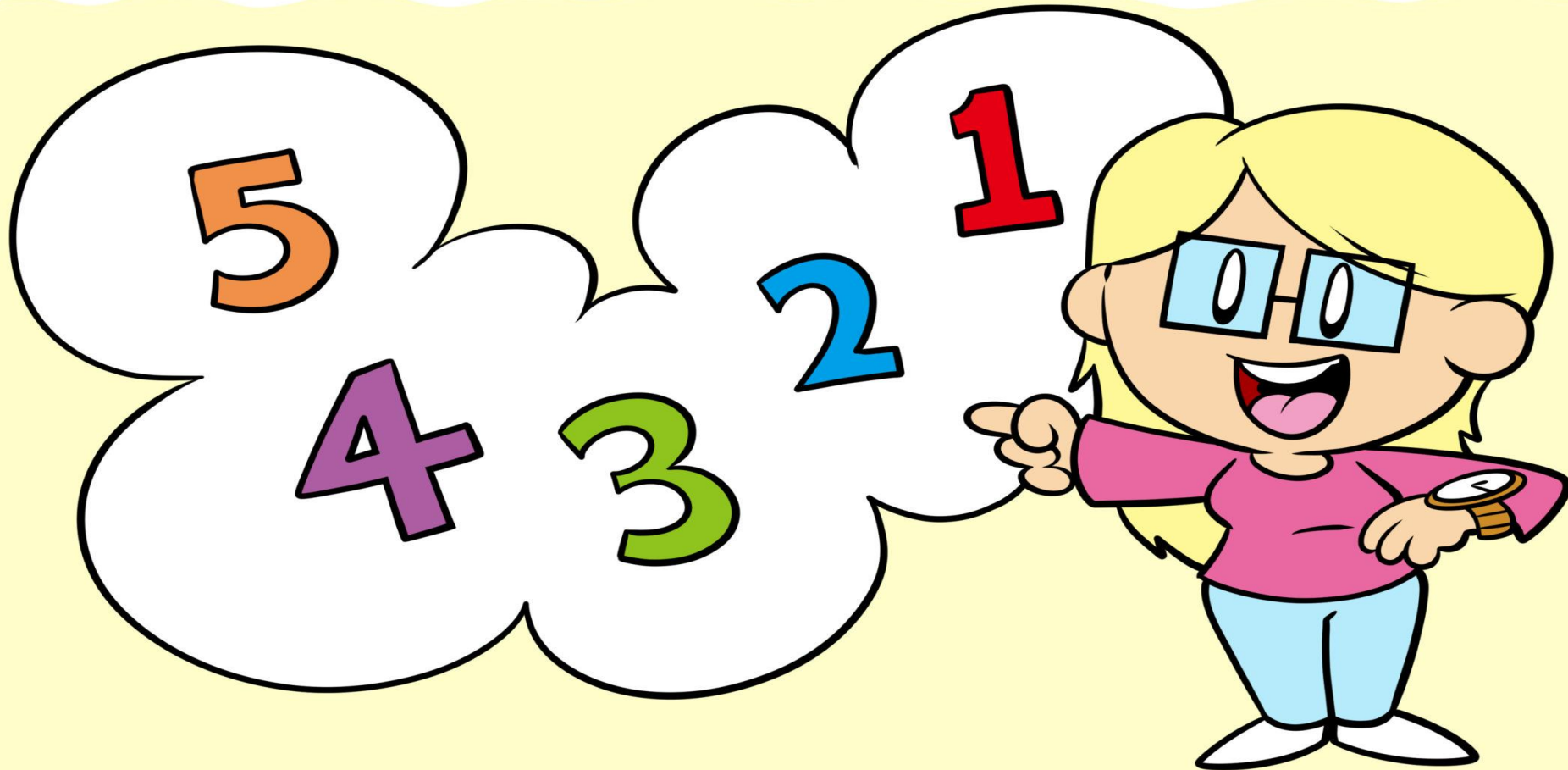
Pre9

Rana Kordzari

Build something



Count backwards slowly



Picture somewhere beautiful



Remind myself I can do it.



Squeeze a stress ball



What is the meaning of squeeze? To press something very hard

