

# ODI 1 P 2

Session 13

# What sports are very popular in your country?

I guess: I think



The most popular sport is ...

Lots of people watch it on TV.



It has lots of fans around the world.



# Soccer (Football)

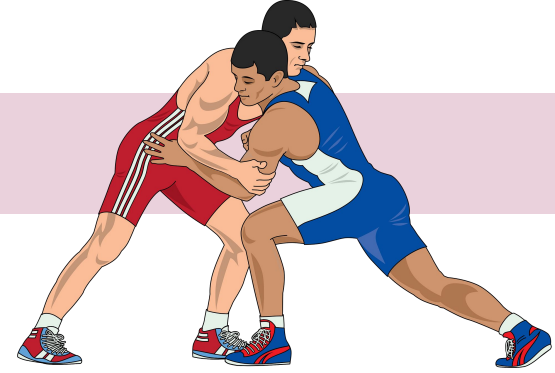


- Soccer is played by two teams of 11 players. Players should kick the ball into the other team's goal. Famous players from our country are [\_\_\_\_\_].
- **Fun Fact:** Did you know the World Cup is the biggest soccer event in the world?



A special day

# Wrestling



- Wrestling is a sport that two opponents try to pin each other to the ground. It is very popular in our country.



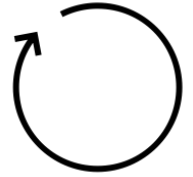
- **Fun Fact:** Wrestling is one of the oldest sports in history.

# Taekwondo



From Korea

Sports that teach you how to fight



- Taekwondo is a Korean martial art that focuses on kicks, jumping and spinning kicks, and fast kicking techniques. It is popular in our country and it teaches you self-defense techniques.
- **Fun Fact:** The word "Taekwondo" means "the way of the foot and the hand"!

# Physical and mental benefits of doing sports

## **Physical Benefits:**

- Makes your body strong.
- Helps you grow taller.
- Keeps your heart healthy.

## **Mental Benefits:**

- Makes you feel happy.
- Helps you focus.
- Reduces stress.

**Some exercise moves with third person S**  
**When you talk about a He or a She, you should say them with S**



**Does  
Jumping  
Jacks**



**Jogs**



**Does  
Push-ups**



**Stretches  
her/his  
body**



**Skips**



**Does  
Sit-ups**

# Homework

1. Write your friend's exercise routine

(Pay attention that when you talk about someone else or a He/She, you should use third person s)

2. Memorize the texts of this PDF about popular sports

3. Watch Peppa pig

up to minute 2:30 again and this time memorize it better

Here is the link:

<https://www.youtube.com/watch?v=SyWAIvH9MHc&t=47s>